

EDEN OUTDOOR ORARIO LEZIONI



LUNEDI

MARTEDI

MERCOLEDI

GIOVEDI

VENERDI

SABATO

13:00/13:45
IPERCIRCUITO
FABIO

9:30/10:15
WALK
PROGRAM
ANDREA

9:30/10:15
WALK
PROGRAM
ANDREA

10:30/11:15
WALK
PROGRAM
ANDERA

18:30/19:15
WALK
PROGRAM
ANDREA

13:00/13:45
IPERCIRCUITO
FABIO

19:00/19:45
ATHLETIC
WORKOUT
KEKKO

19:30/20:15
WALK
PROGRAM
ANDREA

18:30/19:15
ATHLETIC
WORKOUT
KEKKO

18:45/19:30
WALK
PROGRAM
CLAUDIO

16:00/16:45
WALK
PROGRAM

19:30/20:15
ATHLETIC
WORKOUT
KEKKO

19:00/19:45
IPERCIRCUITO
FABIO

18:30/19:15
ATHLETIC
WORKOUT
KEKKO